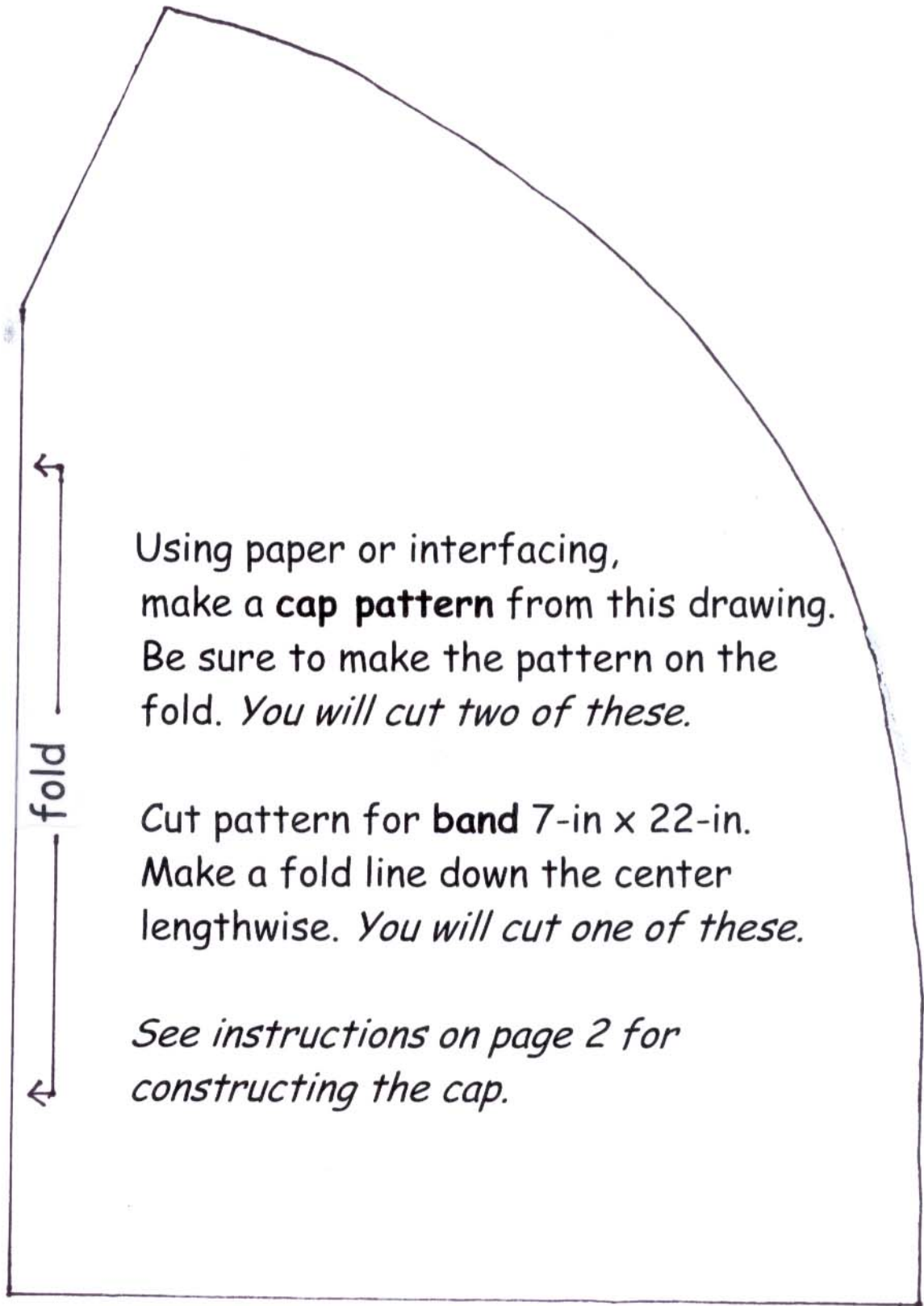


## PATTERN FOR SOFT KNIT CHEMO HAT



Using paper or interfacing,  
make a **cap pattern** from this drawing.  
Be sure to make the pattern on the  
fold. *You will cut two of these.*

Cut pattern for **band** 7-in x 22-in.  
Make a fold line down the center  
lengthwise. *You will cut one of these.*

*See instructions on page 2 for  
constructing the cap.*

# Instructions for Soft Knit Chemo Hat

Cut 1 band and 2 caps for each cap you are making. If you have a serger, it will make a finished look; but a regular sewing machine will work well, too. The soft knit fabric doesn't ravel.

Use 1/2 inch seams throughout. Sew ends of band and finger press the seam open (if using regular sewing machine). If using a serger, you will simply lay seam flat. Fold the band in half along fold line (lengthwise) with seams on the inside (right side out).



- 1) Sew rounded edge of cap.
- 2) Fold and sew across top of cap. If I am serging, I often secure this seam across the top of the cap by sewing across it on the sewing machine, too. It is just a precaution to keep the threads from unraveling and opening that seam up later.
- 3) Find center front and back of cap by folding it matching up the seams that come down the side of the cap. Centers back and front are between these seams. Place a straight pin at these points.
- 4) With *cap wrong side out*, place band on outside of cap matching the seam of the band to the center back and line center fronts up. After sewing, turn cap inside and this seam will be between band and cap.

1)



2)



3)



A few hints: You can take a little large seam and make the hat a little smaller. Keep in mind colors that men might consider wearing, also. Their heads get cold, too. I keep a lookout on the flat fold table at Walmart for the soft knit fabric.